FORSYTH COUNTY SCHOOLS

FEBRUARY

Elementary Winter Menu

2024

	FEBRUARY
option. AY FEB 1	FRIDAY FEB 2
eburger or ourger Bun available) & Waffles	•Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available)
ch Entrée ender Wrap GF bun available)	•Cheese or Pepperoni Wedge Pizza**
,	
AY FEB 8	FRIDAY FEB 9
d Chicken ck or Thigh) G Roll	•Asian Chicken Rice Bowl w/ Spring Roll
ks w/ Gravy ce & WG Roll ch Entrée	 Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara
eese WG Sub Bun available)	(Turkey&Cheese GF bun available)
nicken Salad	
AY FEB 15	FRIDAY FEB 16
spy Chicken ggets G Roll Cheese Bowl ppings	STUDENT HOLIDAY
ch Entrée heese Sub	
ch Entrée heese Sub	
ch Entrée heese Sub tread available) nicken Salad	FRIDAY FER 23
ch Entrée heese Sub tread available)	FRIDAY FEB 23 • Homemade Chicken
ch Entrée heese Sub tread available) nicken Salad	
ch Entrée heese Sub gread available) nicken Salad Y FEB 22 eburger or	 Homemade Chicken Noodle Soup & Grilled Cheese Sandwich
heese Sub dread available) nicken Salad dread available) nicken Salad dread available)	•Homemade Chicken Noodle Soup &
ch Entrée heese Sub tread available) nicken Salad tread Salad	•Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available)

2024		al school's menu go to: www.me				
Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.						
MONDAY JAN 29	TUESDAY JAN 30	WEDNESDAY JAN 31	THURSDAY FEB 1	FRIDAY FEB 2		
Gold Creek Chicken	Nachos	•Hot Dog on WG Bun	•Cheeseburger or	•Homemade Chicken		
Sandwich (Grilled Chicken Breast Filet &	w/ Cheese** & Meat	(Gluten-Free Bun available)	Hamburger	Noodle Soup &		
Gluten-Free Bun available		(1111)	(Gluten-Free Bun available)	Grilled Cheese Sandwich		
•Brd Mozzarella Cheese Sticks	•Quesadilla Pizza **	•Lasagna Roll-up**		(Gluten-Free bread available)		
w/ Fresh-made Marinara**		w/ Garlic Breadstick	Chicken & Waffles			
Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	•Cheese or Pepperoni		
•Turkey & Cheese WG Sub	Buffalo Chicken Wrap	•Yogurt/Muffin Munchable**	Chicken Tender Wrap	Wedge Pizza**		
(Gluten-Free Bun available)			(Turkey&Cheese GF bun available)			
Salad IVIeal w/ Crackers or Flatbread (vegetarian salad available upon request)						
Mediterranean Salad	•Taco Salad /•Veggie Salad	Chef Salad w/Turkey	•Buffalo Chicken Salad			
	•Smuckers PB&.	J Chz stick, Cheez It** meal a	available daily			
MONDAY FEB 5	TUESDAY FEB 6	WEDNESDAY FEB 7	THURSDAY FEB 8	FRIDAY FEB 9		
•Popcorn Chicken	Nachos	•Cheesy Garlic Bread w/	•Breaded Chicken	•Asian Chicken Rice Bowl		
w/ WG Roll	w/ Cheese** & Meat	Tomato Soup	(Drumstick or Thigh)	w/ Spring Roll		
			w/ WG Roll			
•Buffalo Chicken Tenders	•Calzone w/Cheese**	 Mini Chicken Sliders 		 Pizza Cheese Stuffed 		
w/WG Roll	or Pepperoni		•Beef Sticks w/ Gravy	Breadsticks		
			Dipping Sauce & WG Roll	w/ Fresh-made Marinara		
Sandwich Entrée	Sandwich Entrée	<u>Sandwich Entrée</u>	<u>Sandwich Entrée</u>			
•Turkey & Cheese WG Sub	•Ham & Cheese Roll-up	•Yogurt/Muffin Munchable**	•Ham & Cheese WG Sub			
(Gluten-Free Bun available)	(Gluten-Free Bun available)	(Turkey&Cheese GF bun available)	(Gluten-Free Bun available)	(Turkey&Cheese GF bun available)		
	Flatbread (vegetarian salad avail		Duffalo Chiakan Calad			
California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham I, Chz stick, Cheez It** meal a	Buffalo Chicken Salad			
MONDAY FEB 12	TUESDAY FEB 13	WEDNESDAY FEB 14	THURSDAY FEB 15	FRIDAY FEB 16		
•Spaghetti w/ Meatballs	•Nachos	Bosco Cheese-Stuffed	•Tyson Crispy Chicken	PRIDAT PEB 10		
& Meatless Sauce	w/ Cheese** & Meat		Nuggets			
d Fleatiess Sauce	w/ Cheese** a Meat	Breadsticks	Nuggets			
		w/Fresh-Made Marinara	w/ WG Roll			
- Francisco de a Objetan				STUDENT HOLIDAY		
•Empanadas Chicken	•Mini Corn Dogs	•Brookwood BBQ	•Macaroni & Cheese Bowl	STUDENT HOLIDAY		
•Empanadas Chicken Enchiladas		•Brookwood BBQ Sandwich	•Macaroni & Cheese Bowl w/ Toppings	STUDENT HOLIDAY		
Enchiladas	•Mini Corn Dogs	•Brookwood BBQ Sandwich (Gluten-Free Bun available)	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll	STUDENT HOLIDAY		
Enchiladas Sandwich Entrée	•Mini Corn Dogs <u>Sandwich Entrée</u>	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée	•Macaroni & Cheese Bowl w/ Toppings	STUDENT HOLIDAY		
Enchiladas	•Mini Corn Dogs <u>Sandwich Entrée</u> •Turkey & Cheese Roll-up	•Brookwood BBQ Sandwich (Gluten-Free Bun available)	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée	STUDENT HOLIDAY		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available)	•Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable**	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub	STUDENT HOLIDAY		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail	•Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable**	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub	STUDENT HOLIDAY		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad	•Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request)	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad	STUDENT HOLIDAY		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB&	•Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request) •Chef Salad w/Ham J Chz stick, Cheez It** meal a	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad	STUDENT HOLIDAY FRIDAY FEB 23		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée Yogurt/Muffin Munchable** able upon request) Chef Salad w/Ham J Chz stick, Cheez It** meal a WEDNESDAY FEB 21	• Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée • Ham & Cheese Sub (Gluten-Free Bread available) • Buffalo Chicken Salad			
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB&	•Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request) •Chef Salad w/Ham J Chz stick, Cheez It** meal a	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22 •Cheeseburger or	FRIDAY FEB 23 •Homemade Chicken		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB&	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée Yogurt/Muffin Munchable** able upon request) Chef Salad w/Ham J Chz stick, Cheez It** meal a WEDNESDAY FEB 21	•Macaroni & Cheese Bowl W/ Toppings W/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22	FRIDAY FEB 23		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB&	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée Yogurt/Muffin Munchable** able upon request) Chef Salad w/Ham J Chz stick, Cheez It** meal a WEDNESDAY FEB 21 Hot Dog on WG Bun	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22 •Cheeseburger or Hamburger	FRIDAY FEB 23 •Homemade Chicken Noodle Soup &		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB&	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée Yogurt/Muffin Munchable** able upon request) Chef Salad w/Ham J Chz stick, Cheez It** meal a WEDNESDAY FEB 21 Hot Dog on WG Bun	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22 •Cheeseburger or Hamburger	FRIDAY FEB 23 • Homemade Chicken Noodle Soup & Grilled Cheese Sandwich		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad MONDAY FEB 19	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB& TUESDAY FEB 20	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée	Macaroni & Cheese Bowl W/ Toppings W/ WG Roll Sandwich Entrée Ham & Cheese Sub (Gluten-Free Bread available) Buffalo Chicken Salad available daily THURSDAY FEB 22 Cheeseburger or Hamburger (Gluten-Free Bun available)	FRIDAY FEB 23 • Homemade Chicken Noodle Soup & Grilled Cheese Sandwich		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad MONDAY FEB 19	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB& TUESDAY FEB 20	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée Yogurt/Muffin Munchable** able upon request) Chef Salad w/Ham J Chz stick, Cheez It** meal at WEDNESDAY FEB 21 Hot Dog on WG Bun (Gluten-Free Bun available) Lasagna Roll-up** w/ Garlic Breadstick Sandwich Entrée	•Macaroni & Cheese Bowl	FRIDAY FEB 23 •Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available)		
Enchiladas Sandwich Entrée Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or Southwest Chicken Salad MONDAY FEB 19	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB& TUESDAY FEB 20	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request) •Chef Salad w/Ham J Chz stick, Cheez It** meal a WEDNESDAY FEB 21 •Hot Dog on WG Bun (Gluten-Free Bun available) •Lasagna Roll-up** w/ Garlic Breadstick	•Macaroni & Cheese Bowl W/Toppings W/WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22 •Cheeseburger or Hamburger (Gluten-Free Bun available) •Chicken & Waffles Sandwich Entrée •Chicken Tender Wrap	FRIDAY FEB 23 • Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available) • "The Max" Pizza Wedge		
Sandwich Entrée • Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or • Southwest Chicken Salad MONDAY FEB 19 STUDENT HOLIDAY	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB& TUESDAY FEB 20 STUDENT HOLIDAY	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request) •Chef Salad w/Ham J Chz stick, Cheez It** meal at wednesday FEB 21 •Hot Dog on WG Bun (Gluten-Free Bun available) •Lasagna Roll-up** w/ Garlic Breadstick Sandwich Entrée •Yogurt/Muffin Munchable**	•Macaroni & Cheese Bowl	FRIDAY FEB 23 • Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available) • "The Max" Pizza Wedge		
Sandwich Entrée • Buffalo Chicken Wrap (Ham & Cheese on GF bun available) Salad Meal w/ Crackers or • Southwest Chicken Salad MONDAY FEB 19 STUDENT HOLIDAY	•Mini Corn Dogs Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available) Flatbread (vegetarian salad avail •Taco Salad /•Veggie Salad •Smuckers PB& TUESDAY FEB 20	Brookwood BBQ Sandwich (Gluten-Free Bun available) Sandwich Entrée •Yogurt/Muffin Munchable** able upon request) •Chef Salad w/Ham J Chz stick, Cheez It** meal at wednesday FEB 21 •Hot Dog on WG Bun (Gluten-Free Bun available) •Lasagna Roll-up** w/ Garlic Breadstick Sandwich Entrée •Yogurt/Muffin Munchable**	•Macaroni & Cheese Bowl W/Toppings W/WG Roll Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available) •Buffalo Chicken Salad available daily THURSDAY FEB 22 •Cheeseburger or Hamburger (Gluten-Free Bun available) •Chicken & Waffles Sandwich Entrée •Chicken Tender Wrap	FRIDAY FEB 23 • Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available) • "The Max" Pizza Wedge		

MONDAY FEB 26	TUESDAY FEB 27	WEDNESDAY FEB 28	THURSDAY FEB 29	FRIDAY MARCH 1		
•Tyson Popcorn Chicken	Nachos	•Cheesy Garlic Bread w/	 Breaded Chicken 	Asian Chicken Rice Bowl		
served w/ WG Roll	w/ Cheese** & Meat	Tomato Soup	(Drumstick or Thigh) w/ WG Roll	w/ Spring Roll		
Buffalo Chicken Tenders	Calzone	•Mini Chicken Sliders		 Pizza Cheese Stuffed 		
served w/ WG Roll	w/Cheese** or Pepperoni		•Beef Sticks w/ Gravy	Breadsticks		
Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Dinning Sauce & WG Roll	w/ Fresh-made Marinara		
•Turkey & Cheese WG Sub	•Ham & Cheese Roll-up	•Yogurt/Muffin Munchable**	Sandwich Entrée			
(Gluten-Free Bun available)	(Ham&Cheese, GF bun available)	(Turkey&Cheese GF bun available)	•Ham & Cheese WG Sub			
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)			(Gluten-Free Bun available)	(Turkey&Cheese GF bun available)		
•California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	 Buffalo Chicken Salad 			
•Smuckers PB&J Chz stick, Cheez It** meal available daily						

Vegetarian option** Vegetarian entree offered daily - check school for choices

Availability of food, early release days and special school situations may require changes in menus without notice.

This institution is an equal opportunity provider.